Seasonal flu + COVID-19:
Protect yourself, protect others

COVID-19 is a serious, highly contagious viral illness — and so is the seasonal flu.

We can't vaccinate against the coronavirus, but we can vaccinate against the flu. It's the best way to protect yourself.
And when you protect yourself, you protect those around you.

Flu vaccines are …

… safe   … effective   … covered by most insurance plans   … available for virtually everyone 6 months of age or older, including pregnant women.

Act now … it takes up to two weeks after vaccination to develop immunity.

Have questions?

- Ask your plan sponsor/employer about your policy cover and well-being benefit
- Make a doctor's appointment via vHealth (for those eligible)

- Find an in-network clinic or hospital via the Health Hub
- Speak to a CARE team clinician for advice via the Health Hub or by calling us at the number on the back of your member ID card.

Learn more

Read advice by vHealth Medical Director, and Family Medicine Consultant, Dr Nairah Rasul-Syed and discover how to help keep yourself and those around you healthy this flu season. Visit Aetna International's 'COVID-19 resources'.
Follow Aetna International on social media: in LinkedIn | Twitter | f Facebook

Be a flu fighter. Protect yourself, protect others.

COVID-19 resources: https://www.aetnainternational.com/en/about-us/explore/remote-working-social-distancing-support-resource.html
Health Hub: https://www.aetnainternational.com/members/login.do

*For those eligible

AetnaInternational.com

♥ aetna™